WHAT TO DO AFTER YOUR COVID-19 TEST

Thank you for participating in WVSU’s COVID-19 testing process as we prepare to bring our University community back to campus. There are some important things you need to know about what you can and can’t do after being tested and are waiting for your results.

WHAT SHOULD YOU DO WHILE YOU WAIT FOR YOUR RESULTS?

- Please maintain physical separation from others as much as possible and avoid large gatherings to the fullest extent possible until the results of your test are available.

- Wear a mask or face covering at all times unless you are in your residence hall room, personal residence or alone in your private office.

- Practice good personal hygiene – wash your hands for at least 20 seconds with soap and water or use hand sanitizer and wipe down hard surfaces in your area.

- Be patient. Because you won’t have your results right away, you don’t know if you are contagious. If you did contract COVID-19, you are likely to be contagious two to three days before you become sick and up to 10 days afterward.

- You can access your test results electronically. Simply text: MAKO to 66349 or if you don’t have a smartphone, go to: https://mako.luminatehealth.com.

ON CAMPUS

- Students can leave their residence hall room but should wear a mask/face covering as mandated and stay physically distant as much as possible.

- Students should still be able to eat within the dining halls, but they should wear a mask/face covering and physically distance themselves while traveling to dining halls and when they are not eating.

- Faculty and staff can leave their offices/workspaces but should wear a mask/face covering as mandated and stay physically distant as much as possible.

WHAT HAPPENS IF YOU RECEIVE A POSITIVE TEST RESULT?

- Students, faculty and staff with a positive test result will be notified by the local health department.

- Representatives from the local health department will conduct a case investigation for all positive cases and initiate contact tracing.

- The University will assist with contact tracing and also work with local health departments to determine if there is a need to decontaminate a specific facility or implement any additional mitigation measures.
● Testing information regarding patients is regulated by the Health Insurance Portability and Accountability Act (HIPAA) guidelines and will be kept confidential.

WHAT IF YOUR TEST RESULTS ARE NEGATIVE?

● Congratulations! We want you to remain COVID-free.

● Please continue to maintain physical distancing from those who are not in your immediate small circle of friends and avoid large gatherings to the fullest extent possible.

● Wear a mask or face covering at all times unless you are in your residence hall room or personal residence.

● Practice good personal hygiene – wash your hands for at least 20 seconds with soap and water or use hand sanitizer and wipe down hard surfaces in your area.

● If you develop COVID-19 symptoms after testing negative, you should be evaluated by a physician. You should not come to campus if you are feeling ill.

I TESTED NEGATIVE, BUT NOW I FEEL SICK. WHAT DO I DO?

● Students should contact the FAMILYCARE HEALTH CENTER at 304-766-3323 or the local health department or the West Virginia Department of Health and Human Resources hotline at 1-800-887-4304.

● Faculty and staff should contact their primary care provider.

REMEMBER TO LET US KNOW IF YOU TEST POSITIVE.

All WVSU community members are required to report if they test positive for COVID-19 or are self-quarantining due to suspected or known exposure to COVID-19. We want to be able to support you and make sure appropriate disinfection and sanitation processes are implemented if necessary.

Students should notify the Office of Enrollment Management & Student Affairs at StudentAffairs@wvstateu.edu and employees should notify Human Resources at Justin.Cherry@wvstateu.edu.