

Take Ownership of Your Future

The West Virginia Aging and Disability Resource Center can recommend services that will allow individuals to take ownership of their future.

- Advance Directives
- Burial Insurance
- Community Resources
- Durable Power of Attorney
- Employment & Volunteer Opportunities
- Financial Planning
- Future Planning
- Guardianship
- Living Will
- Long-Term Care Insurance
- Medical Power of Attorney
- Residential Living Facilities
- Reverse Mortgages
- State Health Insurance Assistance Program (SHIP)
- Will

Share the Care

The West Virginia Aging and Disability Resource Center and caregivers can work together to share the care.

- Caregiver Counseling
- Education and Training
- Family Caregiver Support
- Short-term Respite Care
- Support Group Development

WVSU Metro Area
Agency on Aging

West Virginia
Aging & Disability Resource
Centers

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Dunbar, WV 25064
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West Virginia

AGING & DISABILITY
RESOURCE CENTERS

NAVIGATING LONG-TERM CARE

- **Empowering Informed Choices**
- **Enabling Ease of Access to Support Programs and Benefits**
- **Providing information, support, education and counseling on long term support options regardless of income.**

866-WV1-ADRC
866-981-2372
www.wvnavigate.org



Bringing Purpose & Meaning to Life

The West Virginia Aging and Disability Resource Center can assist with the availability of the following services that will bring purpose and meaning into each day of life.

- Behavioral Support
- Community Services
- Counseling Services
- Employment Assistance
- Family Activities
- Family Caregiver Support
- Future Planning
- Housing
- Independent Living Skills Training
- Nutrition
- Respite Care
- Support Groups
- Transitional Planning
- Transportation
- Vocational Training
- Volunteer Opportunities

Options Allowing You to Remain at Home

The West Virginia Aging and Disability Resource Center will assist in discovering the availability of the following services that will allow individuals to remain at home.

- Adaptive Aids
- Community Support Services
- Day Activity Health Services
- Employment
- Future Planning
- Home Health Care
- Housekeeping
- Independent Living Skills Training
- Meals on Wheels
- Medical Alert Systems
- Minor Home Modifications
- Personal Care
- Private Day Services
- Relocation and Transitional Services
- Respite Care
- Service Coordination
- Specialized Therapies
- Transportation

ADRC Overview

The West Virginia Aging and Disability Resource Center will serve as a highly visible, trusted and valued place where people of all incomes can turn for information on the full range of long term support options based upon individual choice and will serve as a point of entry to access support programs and benefits.

- Empower individuals and families to make informed decisions
- Streamline access to a wide array of services offered through public and private resources
- Serve individuals, professionals and the community as a visible, highly valued, trusted resource for information and counseling concerning your options.